



VISTA SPA

Aromaspa Seaweed Therapy with half body aromatic massage

Combining the power of seaweed, sage and aromatherapy, this treatment re-mineralizes the body, boosts a sluggish system and detoxifies the muscles. During the therapy, you receive a foot, scalp, back of legs, back, neck and shoulder massage.

80 minutes \$144

Ionithermie Super-Detox

An exclusive European treatment helps diminish the appearance of cellulite. The treatment firms and tones, while giving the added benefit of inch loss. It also improves a slow metabolism and boosts energy levels.

55 minutes \$108

Full Body Swedish Massage

With aromatherapy oils.

50 minutes \$89

Elemis Absolute Face and Body Treatment

A specialized treatment combining 5 different massage techniques on the back of the body to relax, re-balance and re-energize the body, mind and spirit. The treatment is completed with a 60 minute aromatherapy and pressure point facial and scalp massage. Absolutely wonderful!

105 minutes \$144

The Spa Taster

A fantastic 25 minute back of the legs, back, neck and shoulder massage, combined with a 25 minute facial booster treatment

50 minutes \$89

La Therapie Facial

This fantastic Parisian facial is exclusively available on high seas! Using gels and creams rich in amino acids and nourishing plant extracts, this facial cleanses the deepest layers of the skin while transporting active ingredients into the skin. A relaxing neck and shoulder massage is included, and the treatment is completed with a purifying mask.

55 minutes \$89

Surial Bath

A fun exfoliating and re-mineralizing treatment that you can try by yourself, with a partner or in a group of three. Apply different muds all over the body, relax in the steam chamber, take your time and enjoy an aromatherapy experience of your own.

60 minutes \$68

Relaxation Therapy

The ultimate in relaxation, this treatment consists of an alpha capsule session with a foot and ankle massage.

60 minutes \$60

Personal Training

Bored with your workout? Not getting the results that you want to achieve, or not sure how to go about exercising? Book in for a one-on-one session with our Fitness Director.

60 minutes \$68

Body Composition Analysis

Find out your body fat percentage, water and toxin level and lean body percentage. Learn how to burn those excess calories now.

20 minutes \$27

Hydrotherapy Spa Bath

Allow aromatherapy and over one hundred jets of warm water to massage your body from the soles of the feet to the neck and shoulders. After a consultation with our spa nurse, the jets will be programmed to massage specific areas, meeting individual needs. The Hydrotherapy Spa Bath helps break down muscle tension, relieve arthritis, and provides relief for dry skin conditions such as psoriasis and eczema.

20 minutes \$26

Alpha Capsule

The ultimate relaxation experience! Let soothing sounds, gentle warmth and calming aromatherapy take your mind into a deep relaxed state of sleep.

25 minutes \$30

Foot and Ankle

A gentle massage to relieve swollen and aching feet

20 minutes \$32

Tropical Rain Forest

Experience the benefits of steam, heat and water therapy combined with the power of aromatherapy to relax the mind. Excellent before or after a body massage or water treatment.

**\$8 with a massage treatment
OR \$14 per day**

Manicure

45 minutes \$36

Pedicure

60 minutes \$50

Hair Salon

Our talented international hair stylists specialize in the latest European styles and all technical work

Lady's wash, cut and style \$47+

Men's cut \$18

Semi-permanent \$44-\$53

Permanent color (full head) \$76-\$94

Highlights from \$71-89

Permanent Wave from \$62-89

Permanent color(roots)\$58+